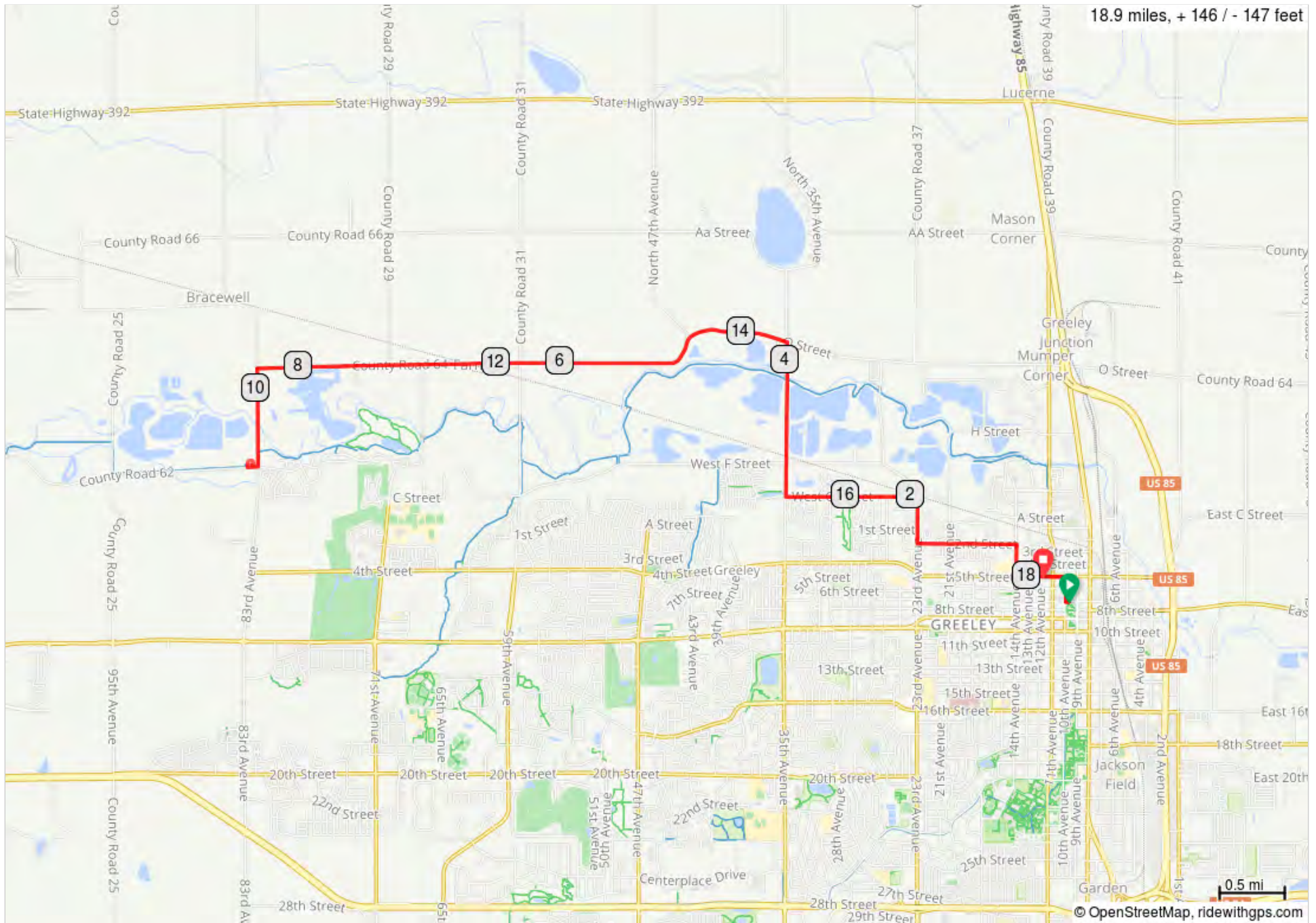


# 20 Mile R&R! - 2019



18.9 miles, + 146 / - 147 feet



## 20 Mile R&amp;R!

18.4 miles

Leg	Dir	Type	Notes	Total
		Start	7th St at Lincoln Park	
0.2	←	Left	Turn left onto 5th St	0.2
0.4	→	Right	Turn right onto 14th Ave	0.6
0.3	←	Left	Turn left onto 2nd St	0.8
0.8	→	Right	Turn right onto 23rd Ave	1.6
0.4	←	Left	Turn left onto W C St	1.9
1.0	→	Right	Turn right onto N 35th Ave	2.9
1.2	←	Left	Turn left onto O St	4.1
4.2	←	Left	Turn left onto 83rd Ave	8.3
0.8	→	Right	Turn right onto W F St	9.1
0.1	→	Right	Turn right at Aid Station	9.1
0.1	←	Left	Turn left onto W F St	9.2
0.1	←	Left	Turn left onto 83rd Ave	9.3
0.8	→	Right	Turn right onto O St	10.1
4.2	→	Right	Turn right onto N 35th Ave	14.2
1.2	←	Left	Turn left onto W C St	15.4
1.0	→	Right	Turn right onto N 23rd Ave	16.4
0.4	←	Left	Turn left onto 2nd St	16.8
0.8	→	Right	Turn right onto 14th Ave	17.5
0.3	←	Left	Turn left onto 5th St	17.8
0.4	→	Right	Turn right onto 10th Ave	18.2
0.2		Finish	7th St at Lincoln Park	18.4